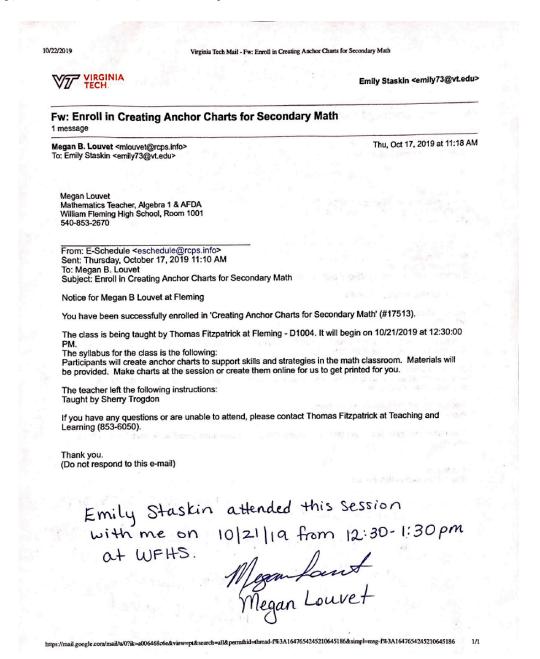
Monday, October 21, 2019, 12:30-1:30pm



This session was about designing anchor charts for secondary mathematics classrooms. I had not heard of these before and liked the idea of the mathematics posters on the walls to be from students' ideas instead of just what I put up. Since I will most likely be teaching more than one section of a class, I intend to create anchor charts on a smart board or through another electronic method and then synthesize student ideas from all sections of the class for the on paper anchor chart. I learned that more words is not better and that teachers can create a model for what they anticipate the anchor chart to look like, but in the end the main ideas must come from students and be in their own words.

Monday, October 21, 2019, 1:30-2:30pm

Virginia Tech Mail - Fw: Enroll in Creating Mindful and Compassionate 6-12th grade Clas-10/22/2019 Emily Staskin <emily73@vt.edu> Fw: Enroll in Creating Mindful and Compassionate 6-12th grade Classrooms Megan B. Louvet <mlouvet@rcps.info> Thu, Oct 17, 2019 at 11:20 AM To: Emily Staskin <emily73@vt.edu> Megan Louvet Mathematics Teacher, Algebra 1 & AFDA William Fleming High School, Room 1001 540-853-2670 From: E-Schedule <eschedule@rcps.info> Sent: Thursday, October 17, 2019 11:14 AM To: Megan B. Louvet Subject: Enroll in Creating Mindful and Compassionate 6-12th grade Classrooms Notice for Megan B Louvet at Fleming You have been successfully enrolled in 'Creating Mindful and Compassionate 6-12th grade Classrooms' (#17419). The class is being taught by Laurie Seidel at Fleming - D1101. It will begin on 10/21/2019 at 1:30:00 PM. The syllabus for the class is the following: This session is for classroom teachers, grade 6-12. In this session, hear about a school-wide mindfulness program including the journey of a teacher. Explore the benefits of mindfulness as a foundational skill that underlies social-emotional competencies. Describe how trauma-sensitive mindfulness supports the compassionate classroom The teacher left the following instructions: Presenters: Laurie Seidel and Kala Brubaker If you have any questions or are unable to attend, please contact Laurie Seidel at Student Services (123-4567). Thank you. Emily Staskin attended this session with me on 10/21/19 from 1:30-2:30pm at WFHS. Megan Louret Megan Louret (Do not respond to this e-mail) pt&search=all&permthid=thread-f%3A1647654335493425135&simpl=msg-f%3A1647654335493425135

This session was about creating mindfulness in the classroom. Teachers talked about their experiences implementing this model in their school and individual classroom. Each class period starts with a mindful minute, in which students have the opportunity to sit quietly and calm themselves before starting class. This session reminded me of the importance of making students welcome in the classroom and providing a space in which learning can occur.

Monday, October 21, 2019, 2:30-3:30pm

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	_ouvet <mlouvet@rcps.info> taskin <emily73@vt.edu></emily73@vt.edu></mlouvet@rcps.info>		Thu, Oct 17, 2019 at 11:21 AM
	atics Teacher, Algebra 1 & AFDA Fleming High School, Room 1001		
Sent: TI To: Meg	c-Schedule <eschedule@rcps.info> nursday, October 17, 2019 11:17 Al jan B. Louvet : Enroll in David Flowers presents</eschedule@rcps.info>		
Notice f	or Megan B Louvet at Fleming		
You hav	e been successfully enrolled in 'Da	vid Flowers, presents GoGo (Gimit' (#17576).
Neither	ss is being taught by Ellen Stick at In-Service points nor Recertification	n credits are offered.	11 10/2 1/2013 dt 2.50.501 14.
The syl A fun s	labus for the class is the following: ession on how to use the review ga	me Gimkit in the classroom to	engage and challenge students.
If you h 6113).	ave any questions or are unable to	attend, please contact Ellen S	stick at Teaching and Learning (853-
Thank y			
	Emily Staskin with me on	attended 1 10/21/19 f	this session from @2:30-3:30pm
	at WFHS.	Megan	n Louvet
		Megai	n Louvet

This session introduced me to a new online program for reviewing concepts with students, called Gimkit. It has various game modes for students to compete against one another individually or in teams. I do not think I will use it very often, because the free version has limited capabilities, but there are some great pre-made resources already online. You can also import Quizlet reviews into the program automatically to provide students with a more exciting review format than just flashcards.